



I've Got the Power!

So what is holding you back? Do you understand your own personal power bases? Do you experience success in some areas of your life but keep getting stuck in one area, and can't figure out why? Are you ready to finally have the breakthrough you need to find your own power to move forward? In this workshop you will begin by defining your power in the moment, and learn how to transfer fear into action. Learn how to take charge, and do more in your life, and your career. This interactive workshop will show you how to regain your power, and jump over the obstacles that hold you back so you can achieve the success that you deserve.

You will learn how to:

- Define your personal power
- Overcome the internal voices that hold you back
- Gain untapped power by focusing on goals
- Realize self-leadership so you can lead others
- Claim your power and take charge

“I serve on the board of directors for the Women’s Leadership Colloquium hosted by University of Mary Washington. Dr. Minski came very highly recommended as a workshop speaker. She was very pleasant to work with, polished and professional. Her workshop received great reviews! One particularly critical participant, stated, 'Dr. Minski is an excellent speaker and gave great information as well as implementable strategies in her session. This is exactly what I would hope for from all sessions.’ I hope to work with Dr. Minski again in the near future. We all have a lot to learn from her expertise.”

Cara G. Parker
President/CEO



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